

Radiogram No. 8778u

Form 24 for 09/11/04

CREW REST

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30		Weekly housekeeping
10:30-11:30	CDR	Physical exercise (TVIS), Day 2
10:30-10:45	FE-1	Rebooting all PCS (weekly)
10:45-10:50		Rebooting OCA SSC router
10:50-10:55		CO2 level monitoring
11:30-12:00	CDR	Physical exercise (RED)
12:20-12:30	FE-1	Food questionnaire
12:30-13:30		LUNCH
13:30-14:00		Weekly planning conference (<i>S-band</i>)
14:15-15:40	FE-1	Running thermal experiment 2 as part of Miscible Fluids in Microgravity (MFMG) experimental program.
16:25-16:40		Private family conference (<i>S+Ku-band</i>)
16:45-18:15		Physical exercise (RED)
17:45-18:15	CDR	COX maintenance
18:15-19:15		Physical exercise (VELO+Load Trainer-1), Day 2
18:15-19:15	FE-1	Physical exercise (CEVIS)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task list	CDR	PLANTS-2. Recharging water tank
		URAGAN Observations and photo imagery
		ETD. Running experiment (in the morning, before physical exercise)
		Removing EGE-1 and EGE-2 batteries

See OSTP for references to US activities.

End of Radiogram